WYNWOOD
REHABILITATION & HEALTHCARE CENTER

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Perk Up at Wynwood 10:30 Stretch & Start Your Sunday 11:00 November Trivia 2:00 Christ Baptist Church 3:00 Card Game Club Daylight Saving Time Ends	2 9:30 Perk Up at Wynwood 10:00 Seated Fall Fitness 1:00 Room Visits & Mail Deliveries 2:00 Finish the Famous Saying 3:00 Apple Cider & Conversation 4:00 Grab and Go Packet 6:00 Pokeno	3 9:30 Perk Up at Wynwood 10:00 Fall Leaf Suncatchers 1:00 Room Visits & Mail Deliveries 2:00 Election Day Trivia 3:00 Uno ATTACK 4:00 Autumn Word Search & Music 6:00 Bingo	4 9:30 Perk Up at Wynwood 10:00 Balloon Volley Ball 1:00 Room Visits & Mail Deliveries 2:00 Bingo 3:00 Name that Tune: Golden Oldies	5 9:30 Perk Up at Wynwood 10:00 Words in a Word: Thanksgiving 1:00 Room Visits & Mail Deliveries 2:00 Primp & Polish 3:00 Primp & Polish	6 9:30 Perk Up at Wynwood 10:00 Move & Groove 1:00 Room Visits & Mail Deliveries 2:00 Bingo Store 3:00 Snack & Chat	7 10:00 Perk Up at Wynwood 10:30 Coffee & Crossword Club 11:00 Current Events 2:00 Cozy Corner Chat 3:00 Bingo
8 10:00 Perk Up at Wynwood 10:30 Sunday Morning Stretch 11:00 Classic TV Trivia 2:00 Bible Study 3:00 Card Game Club Diwali (Hindi)	9 9:30 Perk Up at Wynwood 10:00 Roll & Reach Dice Exercise 1:00 Room Visits & Mail Deliveries 2:00 Thankful Tree Craft 3:00 Cozy Cocoa & Conversation 4:00 Fall Coloring & Easy Listening 6:00 Pokeno	10 9:30 Perk Up at Wynwood 10:00 Patriotic Sing- Along 1:00 Room Visits & Mail Deliveries 2:00 Cards of Thanks Veterans 3:00 America the Beautiful: Picture Trivia 4:00 Grab and Go Packet 6:00 Bingo	11 9:30 Perk Up at Wynwood 10:00 Honoring Our Heroes 1:00 Room Visits & Mail Deliveries 2:00 Bingo 3:00 Red, White, & Blue Social Veterans Day Remembrance Day (Canada)	12 9:30 Perk Up at Wynwood 10:00 : Chair Yoga & Relaxation 1:00 Room Visits & Mail Deliveries 2:00 Ring Toss Challenge 3:00 Finish the Song Lyrics	13 9:30 Perk Up at Wynwood 10:00 Kindness Counts: Compliments & Conversations 1:00 Room Visits & Mail Deliveries 2:00 Movies & Munchies 3:00 Movies & Munchies	14 10:00 Perk Up at Wynwood 10:30 Coffee & Crossword Club 11:00 Current Events 2:00 Bingo 3:00 Bingo
15 10:00 Perk Up at Wynwood 10:30 Gentle Stretch & Breathe 11:00 Thanksgiving Then & Now 2:00 Grace Bible Church 3:00 Card Game Club	16 9:30 Perk Up at Wynwood 10:00 Beanbag Toss Challenge 1:00 Room Visits & Mail Deliveries 2:00 Fall Mason Jar Centerpieces 3:00 Tea & Family Traditions 4:00 Grab and Go Packet 6:00 Pokeno	17 9:30 Perk Up at Wynwood 10:00 Thanksgiving Scattergories 1:00 Room Visits & Mail Deliveries 2:00 Sweet Potato Pie Cookie Baking 3:00 Pin the Feather of the Turkey 4:00 Holiday Word Puzzles 6:00 Bingo	18 9:30 Perk Up at Wynwood 10:00 1:00 Room Visits & Mail Deliveries 1:30 Bingo 2:00 Resident Council 3:00 Uno Attack	19 9:30 Perk Up at Wynwood 10:00 Mickey Mouse Birthday Bash 1:00 Room Visits & Mail Deliveries 2:00 Resident Birthday Party 3:00 Resident Birthday Party	20 9:30 Perk Up at Wynwood 10:00 Seated Dance Party 1:00 Room Visits & Mail Deliveries 2:00 Bingo Store 3:00 Snack & Chat	21 10:00 Perk Up at Wynwood 10:30 Coffee & Crossword Club 11:00 Current Events 2:00 Cozy Corner Chat 3:00 Bingo
22 10:00 Perk Up at Wynwood 10:30 Turkey Trot 11:00 Name that Holiday Dish 2:00 Thankful Hearts Social 3:00 Card Game Club	23 9:30 Perk Up at Wynwood 10:00 Turkey Trot: Seated Fitness 1:00 Room Visits & Mail Deliveries 2:00 Thanksgiving Table Decorations 3:00 Cranberry Juice Mocktails 4:00 Thanksgiving Wordsearch 6:00 Pokeno	24 9:30 Perk Up at Wynwood 10:00 Thanksgiving Memory Tray 1:00 Room Visits & Mail Deliveries 2:00 Pumpkin Decorating 3:00 Jeopardy 4:00 Grab and Go Packet 6:00 Bingo	25 9:30 Perk Up at Wynwood 10:00 Seated Marching 1:00 Room Visits & Mail Deliveries 2:00 Bingo 3:00 Holiday Family Feud	26 9:30 Perk Up at Wynwood 10:00 Piece of Pie Social 1:00 Room Visits & Mail Deliveries 2:00 Primp & Polish 3:00 Primp & Polish Thanksgiving Day (U.S.)	27 9:30 Perk Up at Wynwood 10:00 Black Friday the Price is right 1:00 Room Visits & Mail Deliveries 2:00 Movies & Munchies 3:00 Movies & Munchies	28 10:00 Perk Up at Wynwood 10:30 Coffee & Crossword Club 11:00 Current Events 2:00 Bingo 3:00 Bingo
29 10:00 Perk Up at Wynwood 10:30 Gentle Movement 11:00 Goodbye Fall Trivia 2:00 God's Entertainment 3:00 Card Game Club	30 9:30 Perk Up at Wynwood 10:00 1:00 Room Visits & Mail Deliveries 2:00 Resident end of the Month Social 3:00 Resident end of the Month Social 4:00 Grab and Go Packet 6:00 Pokeno					

November 2026

NJ Ombudsman 1-877-582-6995 * Activities subject to change based on resident interests and needs. * All activities held in Dining Room unless otherwise noted * Smoking times: 9:15, 11:00, 1:15, 4:00, 6:00